

Principles of Living Choice Transition Coordination/Case Management

Transition Coordinators/Case managers must perform the core functions previously described and also adhere to HCBS long-term care transition coordination/case management principles. Performing the core functions and following the principles below assures continuity and quality of long-term care transition coordination/case management and services and supports to the Participant.

- 1) **Principle #1 Transition Coordination/Case Management is Participant-Centered:** Transition coordination/case management is a Participant-centered service that respects Participants' rights, values, and preferences.
- 2) **Principle #2 Transition Coordination/Case Management Coordinates ALL Assistance:** Transition coordination/case management coordinates all and any type of assistance to meet identified Participant needs including those related to the transition process and those related to community living.
- 3) **Principle #3 Transition Coordination/Case Management Requires Knowledge, Skills & Competencies:** To perform well, transition coordinators/case managers require specialized clinical skills, knowledge, and personal characteristics and competencies.
- 4) **Principle #4 Transition Coordination/Case Management Promotes Quality:** Transition coordination/case management promotes the quality of services provided.
- 5) **Principle #5 Transition Coordination/Case Management is Future Oriented:** Transition coordination/case management looks into the future, predicts, and makes plans based on today's indicators.
- 6) **Principle #6 Transition Coordination/Case Management Uses Resources Efficiently:** In the prescription of services to meet, but not exceed, assessed need and to efficiently coordinate services, transition coordination/case management is a cost-effective service.

Assistive Technology (PD only)

Service Definition: Assistive Technology: includes devices, controls, and appliances, specified in the plan of care, which enables individuals to increase their abilities to perform activities of daily living, or to perceive, control, or communicate with the environment in which they live. This service also includes the purchase or limited rental of items necessary for life-support, and equipment necessary to the proper functioning of such items, including durable and non-durable medical equipment not available under the Medicaid State plan. Items reimbursed with Living Choice Project HCBW funds are in addition to any medical equipment and supplies furnished under the State Plan and exclude those items that are not of direct medical or remedial benefit to the individual. All items meet applicable standards of manufacture, design and installation.

Services include the following:

- A. Sign language interpreter services for people who are deaf.
- B. Reader Services.
- C. Assessment for the need of adaptive equipment/auxiliary aids
- D. Training the Participant/provider in the use and maintenance of equipment/auxiliary aids.
- E. Repair of adaptive devices.

Equipment provided includes the following:

- A. Assistive devices for Participants who are deaf or hard of hearing. Examples include visual alarms, telecommunication devices (TDD's), telephone amplifying devices, and other devices for protection of health and safety.
- B. Assistive devices for Participants who are blind or visually impaired. Examples include tape recorders, talking calculators, lamps, magnifiers; Braille writers, paper and talking computerized devices, and other devices for protection of health of safety.
- C. Augmentative/alternative communication and learning aids, such as language boards, electronic communication devices, and competence based cause and effect systems.
- D. Mobility positioning devices, such as wheelchairs, travel chairs, walkers, positioning systems, ramps, seating systems, lifts, bathing equipment, specialized beds and specialized chairs.
- E. Orthotic and prosthetic devices, such as braces and prescribed modified shoes.
- F. Environmental controls, such as devices to operate appliances, use telephones or open doors.

Audiology Treatment and Evaluations

Service Definition: Audiology Services include individual evaluation, treatment and consultation in hearing intended to maximize the individual's auditory receptive abilities.

These services are provided through the Living Choice Project to adults. These services are provided for participants 19 to 20 through the Medicaid State plan EPSDT.

Community Transition

Service Definition: Community Transition services are one-time set-up expenses for Participants who transition from a nursing facility or public ICF/MR to a home in the community.

Each Participant who transitions into the community is eligible for up to \$2,400 per person for the purchase of essential goods and/or services authorized by a transition coordinator on the Participant's behalf.

Community transition services must be reasonable and necessary as determined through the transition plan development process and must be clearly identified in the plan.

Allowable expenses for community transition services include, but are not limited to:

1. Security deposits that are required to obtain a lease on a qualified residence;
2. essential household items required for occupation and use in a community residence such as furniture, window coverings, food preparation and bed/bath linens;
3. connection, set-up fees or deposits for utility service or access including telephone, electricity, heating and water;
4. Services necessary for the Participant's health, safety and welfare such as pest eradication and one-time cleaning prior to occupancy;
5. moving expenses;
6. fees to obtain a copy of birth certificate, identification card or driver's license; and
7. delivery, set-up costs and removal fees for appliances, furniture, etc.

Non-allowable expenses for community transition services include, but are not limited to:

1. monthly rental or mortgage expenses;
2. monthly utility charges;
3. household items that are purely for recreational purposes; and
4. services or items that are available through other Living Choice services such as homemaker services, environmental modifications and adaptations, or specialized supplies and equipment.

Dental Services

Service Definition: Dental Services include oral examinations, two bite-wing x-rays, prophylaxis, topical fluoride treatment, development of a plan of care on the specified form and routine training of service recipient or primary care giver regarding oral hygiene, or other services recommended by a dentist.

These services are provided through the Living Choice Project to adults. These services are provided for participants 19 to 20 through the Medicaid State plan EPSDT.

Family Counseling Individual (PD only)

Service Definition: Family Counseling, offered specifically to individuals and designated family members, helps to develop and maintain healthy, stable relationships among all family members in order to support meeting the needs of the Participant. Emphasis is placed on the acquisition of coping skills by building upon family strengths. Knowledge and skills gained through family counseling services increase the likelihood that the Participant remains in or returns to his or her own home. Services are intended to maximize the Participant's/family's emotional/social adjustment and well-being. All family counseling needs are documented in the Participant's plan of care.

Provider holds current professional license and/or registration where applicable:

Clinical Social Worker: Licensure by the State Board of Licensed Social Workers, 59 O.S. Supp 2000 Section 1901 et seq.

Psychologist: Licensure by the State Board of Examiners of Psychologists. 59 O.S. Supp 2000 Section 1352

Professional Counselor: Licensure by the State Board of Health as a Licensed Professional Counselor. 59 O.S. Supp 2000 Section 1901 et seq.

Family Counseling Group (PD only)

Service Definition: Family Counseling, offered specifically to individuals and their designated family members, helps to develop and maintain healthy, stable relationships among all family members in order to support meeting the needs of the Participant. Emphasis is placed on the acquisition of coping skills by building upon family strengths. Knowledge and skills gained through family counseling services increase the likelihood that the Participant remains in or returns to his or her own home. Services are intended to maximize the Participant's/family's

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Professional Counselor: Licensure by the State Board of Health as a Licensed Professional Counselor. 59 O.S. Supp 2000 Section 1901 et seq.

Family Training-Individual

Service Definition: Family Training services are for families of individuals served through the Community Waiver. For purposes of this service, "family" is defined as the persons who live with or provide care to a Participant serviced on the Living Choice Project and may include a parent, spouse, children, relatives, foster family, or in-laws, as well as individuals employed to assist the Participant. Training includes instruction in skills and knowledge pertaining to the support and assistance of persons with developmental disabilities and is intended to allow families to become more proficient in meeting the needs of eligible individuals. All family training must be included in the Participant's written plan of care.

Provider holds current professional license and/or registration where applicable:

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Independent Living Skills/Habilitation Training Services (PD only)

Service Definition: This service includes services to support the individual's self care, daily living, adaptive, and leisure skills needed to reside successfully in the community. Services are provided in community –based settings in a manner that contributes to the individual's independence, self-sufficiency, community inclusion and well being.

Nutritional Education Services

Service Definition: Nutritional Education Services are provided as a supplement to those nutritional visits covered under the State Plan. These services are educational in nature and focus on assisting the Participant and/or primary caregiver with the dietary aspects of disease management. Nutritional Education Services are provided in the Participant's home or when appropriate in a class situation.

Provider must have current license issued by the Oklahoma State Board of Medical Examiners 59 O.S. Supp, Section 1721 et seq. Hold a current certification as a Dietitian with the Commission of Dietetic Registration and have a current Medicaid contract with the Oklahoma Health Care Authority to provide Nutrition services to Living Choice participants.

Private Duty Nursing

Service Definition: Individual and continuous skilled nursing care (in contrast to part time or intermittent care) provided by licensed nurses within the scope of State law. These services are provided to the participant at home. The provision of this service will prevent institutionalization of the participant.

These services are provided through the Living Choice Project to adults. These services are provided to participants 19 to 20 years of age, through the Child Health plan, EPSDT.

Provider meets all training and certification requirements as set forth in state regulations 63 O.S., Sec. 1-1961 et seq. Direct care staff for skilled nursing services are RNs or LPNs working under the direction of an RN and meeting all training and certification requirements as set forth in state regulations 59 O.S., Sec. 567.1 through 567.16.

Psychiatry

Service Definition: This service provides outpatient psychiatric services provided by a licensed psychiatrist and will be comprised of diagnosis, treatment and prevention of mental illness. These services will also include review, assessment and monitoring of psychiatric conditions, evaluation of the current plan of treatment and recommendations for a continued and/or revised plan of treatment and /or therapy, including required documentation. Psychiatrists may provide instruction and training to individuals, family members, transition coordination/case management staff and/or provider staff in recognition of psychiatric illness and adverse reactions to medications.

These services are provided through the waiver to adults. These services are provided to participants 19 to 20 years of age, through the Medicaid State plan, EPSDT.

Provider must hold a non-restrictive license to practice medicine in the State of Oklahoma under either:

M.D. – 59 Oklahoma Statute Supplement Section 492 et. seq.

D.O. – Oklahoma Statute Supplement '98m Section 620 et seq.

Additionally hold a current certification by the Board of Psychiatry and Neurology or satisfactory completion of an approved residency program in Psychiatry and have a current Medicaid contract with the Oklahoma Health Care Authority to provide Psychiatry services to Living Choice participants.

Psychological Services

Service Definition: Psychological Services include evaluation, psychotherapy, consultation and behavioral treatment. Services are provided in any community setting as specified in the Participant's transition or community service plan. Services are intended to maximize an Participant's psychological and behavioral well-being. Services are provided in both individual and group (8 person maximum) formats.

Provider must hold a non-restrictive license as a Psychologist by the Oklahoma State Board of Examiners of Psychologists or by the applicable state board in the state where service is provided. 59 O.S. Supp Section 2000, 1352, et seq. and a current Medicaid contract with the Oklahoma Health Care Authority to provide Psychological services to Living Choice participants.

Transportation Services

Service Definition: Service offered in order to promote inclusion in the community, access to programs and services and participation in activities to enhance community living skills, specified in the plan of care. Transportation services under the waiver are offered in accordance with the Participant's plan of care. Whenever possible, family, neighbors, friends, or community agencies, which can provide this service without charge, will be utilized. Transportation services include adapted, non-adapted, and public transportation.

Vision Services

Service Definition: Optometric Services listed in the Participant's plan of care and include: routine eye examination for the purpose of prescribing glasses or visual aids, determination of refractive state, treatment of refractive errors or purchase of lenses and frames. Optometric services exclude these services provided through SoonerCare.